# **University Courses (UNIV)**

## UNIV 50 WRITING SKILLS (0)

This course focuses on developmental and learning skills in writing, including language mechanics, sentence patterns, paragraph patterns, spelling, and vocabulary and developmental skills in reading, in preparation for ENGL 99. UNIV 50 is taught by Learning Skills Services staff and features an intensive learning environment. Placement in this course is based on the score on the English Placement Test (EPT). Cr/NC only. Not applicable toward graduation.

## UNIV 102 FIRST YEAR EXPERIENCE (1-3)

Designed to foster a supportive learning community, provide mentoring, and enhance academic skills, personal skills (self-awareness, responsibility, relationships with others), and knowledge about campus resources to facilitate successful transition from high school to college. Other aspects covered are choosing a major, career exploration, health and social issues (sexual assault/harassment, alcohol/drug abuse), information competencies, code of conduct, and diversity/multiculturalism. This course is strongly recommended for first-semester students.

## UNIV 103A LEARNING STRATEGIES: MATH THINKING (1)

An academic success course that explores mathematical thinking, problem solving, and personal and cultural approaches to mathematics. Suitable for all students who have not yet passed a GE math course. This course can be retaken for credit up to two times.

## UNIV 103B LEARNING STRATEGIES: STUDY SKILLS (1)

An academic success course that provides in-depth study skills information and practice, including effective time management, test taking, textbook reading, stress management and memory techniques. This course can be retaken for credit up to two times. Cr/NC only.

## UNIV 103C LEARNING STRATEGIES: WRITING (1)

An academic success course that reviews strategies, skills, and habits that lead to improved academic writing. This course can be retaken for credit up to two times.

#### UNIV 103D LEARNING STRATEGIES: ACADEMIC READING (1)

An academic success course that introduces strategies to aid comprehension and retention of academic reading skills required across the university disciplines. This course can be retaken for credit up to two times.

## UNIV 103S LEARNING STRATEGIES: SUPPLEMENTAL INSTRUCTION (1)

Discipline-specific study skills taught in the context of a designated GE course. Consent of instructor required. May be taken three times. Cr/NC only. Co-requisite: enrollment in designated GE course.

## UNIV 150A Freshman Year Experience: Identity and Global Challenges (5)

Designed specifically for first-year students at Sonoma State University, provides an interdisciplinary examination of social, political, scientific, and personal aspects of identity (fall semester) and our global connections and responsibilities (spring semester). Through writing, research, and creative assignments, students develop analysis, research, and communication skills vital to success in college. To satisfy GE Areas A3 and C3, students must take UNIV 150B the following semester.

## UNIV 150B Freshman Year Experience: Identity and Global Challenges (4)

Designed specifically for first-year students at Sonoma State University, provides an interdisciplinary examination of social, political, scientific, and personal aspects of identity (fall semester) and our global connections and responsibilities (spring semester). Through writing, research, and creative assignments, students develop analysis, research, and communication skills vital to success in college. Satisfies GE Areas A3 and C3 when taken immediately after UNIV 150A.

## UNIV 199 STUDENT-TO-STUDENT LECTURE SERIES (1)

May be repeated once for credit.

#### UNIV 237 CAREER-LIFE PLANNING (1-2)

Offers students an opportunity to clarify their interests, values, skills, and lifestyle preferences to provide a foundation for effective career planning. Students use assessment inventories, interactive exercises, and occupational research to expand their understanding of options and plan their education and career paths, and learn job search strategies. Most appropriate for sophomores, juniors, and seniors.

#### UNIV 238 FOUNDATIONS OF LEADERSHIP (3)

This course takes students through an exploration of leadership and students' roles and responsibilities as active citizens. It achieves this goal through an extensive examination of self, working with and understanding others, and ultimately, creating positive change in one's community. The course provides the critical elements of analytical and intellectual thought, and careful examination and reflection of core issues in the practice of leadership. These objectives will be achieved through open discussion, self-assessment, experimental exercises, and analytical observation of real-life leadership practice. Course satisfies GE Area E (The Integrated Person).

## UNIV 239 Advising Peer Mentor Seminar (1)

## UNIV 292 LIBRARY AND INFORMATION RESEARCH (1-3)

Designed to teach information research skills: how to assess the need for information, how to construct effective search strategies, how to retrieve information, and how to evaluate sources critically. Includes online research practice. Separate sections may focus on specific disciplines: social sciences, humanities, sciences, and business, and may be cross-listed when appropriate.

## UNIV 295 COMMUNITY INVOLVEMENT PROGRAM (1-4)

CIP provides undeclared students the opportunity to explore career possibilities while providing much needed community service. Students may earn credit for volunteer service in a variety of organizational settings that may help them clarify their career goals and declare a major appropriate for them. Requirements are 30 hours of community service per unit, a minimum of 2 meetings with advisor or faculty sponsor, and a final paper. A maximum of 6 units of CIP may be used toward graduation. Cr/NC only.

## UNIV 302 WAR AND PEACE LECTURE SERIES (3)

Students attend the public War and Peace Lecture Series and meet in discussion groups weekly to address a broad range of issues relating to the problem of war and prospects for peace. Lecturers represent diverse disciplines, e.g., economics, physics, peace studies, political science, sociology, and institutions. Discussion sessions synthesize material presented in lectures and outside readings and elicit students' personal responses to the issues raised. Reading and writing assignments required. Satisfies GE Area A1.

## UNIV 310 PORTFOLIO WORKSHOP (3)

A mentoring seminar for students re-entering higher education. This orientation course has as its primary goal the connecting of past experiences with present academic opportunities through an academic plan for graduation. Course activities include discussion of learning theory, completion of learning styles inventories, introduction to educational uses of information resources and technology, and the compiling of a portfolio, including an expanded resume, an intellectual autobiography, two learning essays, and an individual academic plan. On instructor recommendation, portfolios may be evaluated for degree credit for prior learning through the Faculty Evaluated Prior Learning Program. Prerequisites: completion of GE Areas A2 and A3.

## UNIV 375 STUDY ABROAD (12)

Academic programs in institutions outside the country. Enrollment is by permission of the Office of International Programs. Cr/NC only.

# Women's and Gender Studies (WGS)

## WGS 255 Introduction to Queer Studies (3-4)

This interdisciplinary course offers an introduction to the field of Queer Studies by analyzing the role of race, gender, sexuality, and nationalism in the social construction of modern gay, lesbian, bisexual, transgender, and queer (GLBTQ) identities. Students also learn of queer theoretical approaches to politics, culture, and society. Satisfies GE Area D1.

## WGS 280 Women's Bodies: Health and Image (4)

This course examines research and theory about the health and body image concerns of women across race, ethnicity, sexuality, and class throughout the life cycle. This includes health advocacy, gendered representations, women's health movements, the gender politics of medical research, and sexual and reproductive health. Satisfies GE Area E.

#### WGS 285 Men and Masculinity (4)

This course examines construction of masculinity across axes of race, sexuality, class, nation, and ability. Utilizing a multidisciplinary perspective, this course addresses various theories of masculinity and masculinity's impact on peoples lives in areas such as relationships, media representation, work, culture, development, and health. Satisfies GE Area E.

## WGS 301 GENDER STUDIES LECTURE SERIES (1-4)

A weekly lecture series (or occasional workshops) offering presentations and discussions of current issues from feminist and/ or queer perspectives. There is usually a semester-long focus on a particular topic. The lectures are open to the community. May be repeated for credit.

## WGS 311 Special Topics in Women and Gender Studies (1-4)

A variable-topics seminar focusing upon intensive study of issues related to WGS in society. May be repeated for credit with different topic.

# WGS 325 YOUTH: GENDER PERSPECTIVES (3-4)

This course examines youth, focusing on the complex interconnections of gender, race/ethnicity, social class, sexuality, and other factors in understanding the experiences and social conditions of youth in the U.S., as well as the methodological issues that arise in conducting research on youth. This course requires community service learning.

## WGS 330 PSYCHOLOGY OF WOMEN (3-4)

An exploration of the psychology of women, with attention to issues of power and conflict, intimacy and dependence, special concerns in therapy for women, and the impact of race, class, ethnicity, and sexual preference on women's psychological development.

## WGS 350 GENDER, SEXUALITY, AND FAMILY (3-4)

An exploration of changing ideals and practices of gender, sexuality and family life in the United States, drawing especially on recent feminist scholarship. Topics for reading and discussion will focus on both women and men. Fulfills upper-division GE Area E (The Integrated Person).

## WGS 365 Women's History and Women's Activism (3-4)

This course will take an activist-historical perspective on the history of American women. We will study historical figures, events, and movements central to the history of feminist activism for equality and social justice. The class will address the politics of writing women into history and documenting the diversity of women's activism. Crosslisted as HIST 345.