

# STUDENT SERVICES

Once you have decided to attend Sonoma State University, how do you make sure that you take full advantage of your University experience? Answer: Get involved!

At Sonoma State University, we are committed to enhancing the quality of life for all students. The University offers a wide range of student services and cocurricular programs and activities to support our goals of student satisfaction, retention, and graduation. We encourage you to become familiar with these services and programs that enrich your college experience.

- Academic Talent Search Program
- Admissions
- Advising and Career Services
- Associated Students
- Sonoma State Bookstore
- Campus Recreation
- Center for International Education
- The Children's School
- Counseling and Psychological Services
- Crisis Advocate
- Disability Services for Students
- CSU Early Assessment Program
- Educational Opportunity Program
- Freshman Learning Communities (FLCs)
- The HUB
- International Student Services
- Learning Center
- Learning Skills Services
- Multilingual Learner Program
- National Graduate School Achievement Program (NoGAP)
- New Student Orientation and Family Programs
- Residential Life
- Student Health Center
- Center for Student Leadership, Involvement and Service (CSLIS)
- Testing Services
- SSU Tutorial Center
- Upward Bound Programs
- Writing Center

## **Academic Talent Search Program**

(707) 664-2359

Academic Talent Search (ATS) is a federally-funded TRIO program designed to motivate and assist 1,050 6th-12th grade students in Sonoma County to prepare for and succeed in postsecondary education. Two-thirds of program participants are from low-income families where neither parent has completed a baccalaureate. Services include outreach workshops conducted at partner school sites, campus tours throughout California, assistance with college applications, and presentations to raise awareness about financial aid and to develop participants' financial literacy. Located in Building 49.

## **Chief Student Affairs Officer**

**(707) 664-2838**

**[www.sonoma.edu/studentaffairs/](http://www.sonoma.edu/studentaffairs/)**

The mission of Student Affairs is to facilitate the recruitment, development, retention and graduation of all students through high-quality educational and out-of-classroom experiences, programs and support services.

The programs and activities offered aim to cultivate learning and facilitate growth of students by providing opportunities and support to develop as intellectually curious and knowledgeable critical thinkers and problem solvers. Students have opportunities to explore and challenge their own beliefs, values and ethics as individuals and within their communities. In addition, the programs and support services of Student Affairs offer students the ability to develop multicultural competencies that will benefit themselves and their communities.

Student Affairs strives to provide an environment in which students can develop a sense of autonomy and independence and accept accountability for one's self and actions.

## **Admissions**

Salazar Hall 2030

(707) 664-2778

[www.sonoma.edu/admissions/](http://www.sonoma.edu/admissions/)

## **Student Outreach**

Salazar Hall 1010

664-3029

[www.sonoma.edu/ar/prospective/](http://www.sonoma.edu/ar/prospective/)

Under the direction of the Office of Admissions, the Student Outreach Office provides several services to prospective students. The Student Outreach Office coordinates student recruitment, houses our campus tour programs, provides preadmissions information, and plans various campus events such as Seawolf Day, the North Bay College Fair, phone campaigns, and various counselor conferences.

## **Reentry Services**

(707) 664-3029

Sonoma State University encourages all potential students in the pursuit of educational goals and personal and professional development.

Mature learners who have been away from the academic environment for some time and wish to return to school should contact the Student Outreach Office, (707) 664-3029, for information about admissions criteria.

## Advising and Career Services

### Advising Services

Salazar Hall 1070  
(707) 664-2730  
[www.sonoma.edu/advising/](http://www.sonoma.edu/advising/)

Advising Services helps students with academic transitions by answering questions and concerns about courses, GE requirements, and decisions regarding declaring or changing majors. Advisors are responsible for **undeclared** majors. All other majors receive advising from their academic departments. Students who want to change their major can become undeclared and get assistance with GE requirements and choosing their new major.

Advising Peers are available to help students from all majors with GE information, online student records, registration, career resources, and resume critiques.

### Career Services

Salazar Hall 1060  
(707) 664-2196  
[www.sonoma.edu/career/](http://www.sonoma.edu/career/)

Career Services at Sonoma State University assists students in their transition from their academic world into their careers. SSU students receive assistance in developing their career strategy through comprehensive resources, career programming, and advising on career development, internships, and employment.

Career resources include Seawolf Jobs, SSU's online job database. Career peer advising, career assessments, workshops, and various networking/recruitment opportunities are also available. In the Spring, Career Services holds the annual career and summer job fair, where students have the opportunity to network with employers, find internships, and obtain full-time or part-time positions.

## Associated Students

Student Union Building  
(707) 664-2815  
[www.sonoma.edu/as](http://www.sonoma.edu/as)

The Associated Students is a student run auxiliary organization of Sonoma State University. The mission of the Associated Students is to enrich the lives of all Sonoma State University students. Associated Students accomplishes this mission by promoting student interests through advocacy and representation. As an organization the Associated Students supports a variety of programs, services, and organizations to enhance the student experience at Sonoma State University.

Programs offered by the Associated Students include community service and service-learning opportunities through Join Us Making Progress (JUMP), cocurricular events and activities through Associated Students Productions (ASP), an early childhood education and child development laboratory through the Children's School, as well as leadership and involvement opportunities for student governance through Student Government.

Associated Students also provides several services to students including student club and organization funding, student club and organization accounting services, Transitional Housing, the Short-Term Loan program, and student health insurance for students of Sonoma State University.

## Sonoma State Bookstore

Professionally managed by Barnes & Noble, the Sonoma State University Bookstore provides the largest selection of SSU textbooks, gear, and gifts. With an ever-expanding selection of textbook rentals, digital and ebook offerings, supplies, and course materials, your bookstore is all about providing options, and is a one-stop shop for everything you need to make it a successful semester. Please check us out in-store or online at: [www.sonoma.bncollege.com](http://www.sonoma.bncollege.com), and keep up to date on all store promotions and events by "Liking" us on Facebook: [www.facebook.com/SonomaStateBookstore](http://www.facebook.com/SonomaStateBookstore).

Open Monday-Thursday 7:30 a.m.-6:30 p.m., Friday 7:30 a.m.-4:30 p.m., and Saturday 10:00 a.m.-4:00 p.m., closed Sundays and school holidays. Feel free to contact us at (707) 664.2329.

## Campus Recreation

Recreation Center  
(707) 664-4FUN  
[www.sonoma.edu/campusrec](http://www.sonoma.edu/campusrec)

### The Recreation Center

During fall and spring semester open 7 days a week. Includes a fitness center, outdoor resource center, indoor courts, climbing wall, low ropes course, indoor running track, massage clinic, game and exercise rooms, as well as spaces for meetings and student offices. Oversees open swim 7 days per week. The Rec Center opened in 2004 and is funded by the Student Union Fee.

### Fitness

*Fitness Center*—equipment for cardio and strength workouts. *Classes*—yoga, indoor cycling, Zumba, and more. *Massage* by CMTs. *Personal Training*—fitness assessment as well as individual and group workouts with trainers. A *Nutrition Program* about dietary and healthy eating habits.

### Competitive Sports

*Intramurals* (on-campus competition) teams for women, men, co-ed, residence halls, fraternities/sororities, and individuals. Includes indoor soccer, basketball, ping pong, flag football, volleyball and more. *Sports Clubs* teams include lacrosse, rowing, ultimate Frisbee, cheer, triathlon, equestrian and more.

### Adventure Programs

Weekend and extended trips to backpack, climb, paddle, and explore the outdoors. The *Outdoor Resource Center*—maps and guide books as well as gear rental. Low Ropes Course—team-building for classes and clubs. The *Climbing Wall* for beginners as well as experienced. *Wilderness Welcome*—a week-long pre-fall semester outdoor adventure for incoming first-year students.

## **The Children's School**

Children's School  
(707) 664-2230  
[www.sonoma.edu/tcs](http://www.sonoma.edu/tcs)

The Children's School, a program of the Associated Students, provides high quality early childhood education services to children of SSU student, staff, and faculty families. The NAEYC accredited developmental program for ages one through five years is steeped in active sensory experiences and grounded in environmental ethics. The school operates as the Child Development Laboratory on campus and welcome students from many different disciplines to observe and learn from and about children. The model school is staffed with Master Teachers who train our large SSU student staff in best practices and theories in Early Education.

## **Counseling and Psychological Services**

Stevenson Hall 1088  
(707) 664-2153  
[www.sonoma.edu/counselingctr](http://www.sonoma.edu/counselingctr)

Short-term counseling is provided to enrolled students who are experiencing personal difficulties that interfere with their ability to take full advantage of the University experience. Licensed psychologists and post-doctoral therapists provide individual, couples, and group counseling. Our goal is to facilitate the following: personal growth and self-esteem, development of satisfying relationships, effective communication and decision-making skills, and the establishment of personal values. C.A.P.S. counselors help clients express and clarify their concerns and identify specific changes that might be helpful to them. Interventions are aimed at increasing self-awareness, utilizing existing coping strategies more effectively, and developing additional skills to deal more successfully with problems.

The counseling staff offers groups and workshops on a variety of themes, such as grief/loss, conflict resolution, adjusting to college, assertiveness training, eating issues, body image, LGBTQ, test anxiety, procrastination, and men's and women's issues. Drop-in/crisis hours are available daily. Referrals are made to community agencies and private practitioners for students requiring specialized services. For information and appointments, call (707) 664-2153.

## **Crisis Advocate**

Stevenson Hall 1088  
707-664-2153 (phone)  
[www.sonoma.edu/counselingctr/](http://www.sonoma.edu/counselingctr/)

The Crisis Advocate provides confidential advocacy support, victim outreach, coordination of support services, problem-solving, and assistance with decision-making to SSU students who are impacted or victimized by traumatic, disruptive or disturbing life events (e.g., sexual assault, intimate partner violence, stalking, biased related incidents, abusive relationships, hate crimes, etc.). The Crisis

Advocate supports SSU students through the process of physical, emotional, and financial recovery. This includes:

- An opportunity for students to talk about what happened in a confidential setting;
- Providing information to help students decide on a course of action;
- Helping locate resources on and off campus for a variety of needs including counseling, health services, restitution and housing;
- Assistance in developing individualized safety planning for school, home and work;
- Assistance in making arrangements with professors regarding missed classes, late assignments, or other course requirements; and
- Coordinating with on campus departments including Police Services, Judicial Affairs, Residential Life, Housing, Admissions and Records, Health Center, SSU Compliance (Title IX Coordinator), etc. to make necessary arrangements and take appropriate actions while advocating on the students behalf.

The Crisis advocate strives to promote the restoration of decision-making and control to survivors by advocating for their rights and honoring their experiences and through education and collaboration, fostering a safe university community that respects the rights and dignity of all.

## **Disability Services for Students**

Salazar Hall 1049  
(707) 664-2677 (voice)  
(707) 664-2958 (TDD/Text Telephone)  
(707) 664-3330 (fax)  
[www.sonoma.edu/dss](http://www.sonoma.edu/dss)

Disability Services for Students (DSS) ensures that people with disabilities receive equal access to higher education. DSS works to protect and promote the civil rights of students with disabilities. DSS challenges and supports students to develop self-determination and independence as people with disabilities.

### ***Accommodation, Not Remediation***

Like all campuses within the CSU system, Sonoma State University has admission criteria designed to ensure that every student admitted is academically prepared to be successful in their chosen field of study.

While students with disabilities are provided with reasonable accommodations related to their needs, they are also held to the same academic standards and expectations as their non-disabled peers.

### ***Student Empowerment Model: Differences between High School and College***

Disability Services for Students emphasizes that it is the student's responsibility to seek out and utilize appropriate accommodations and/or services.

### **Getting Started**

After admission to Sonoma State University, students are encouraged to register with DSS by contacting the office and providing documentation of their disability.

Students with disabilities who register with DSS are eligible for a variety of services and accommodations. All services and accommodations are determined on an individual basis and will vary from one student to the next depending on State and Federal laws, University policy, disability verification and professional judgment.

### **Requirements for Accommodation**

Students with disabilities who request services should:

- Contact the Disability Services for Students office to request services;
- Set up an appointment to meet with an advisor; and
- Provide documentation of their disability to the DSS office (located in Salazar Hall 1049).

### **Services May Include**

- Disability management advising
- Classroom accommodations
- Test taking accommodations
- Alternate media
- Assistive technology

### **CSU Early Assessment Program**

(707) 664-2617

All 11th-grade students in the state of California can now take the California Standards Test in mathematics and English and, upon completing additional questions and meeting a satisfactory score, will be exempt from taking college placement exams (ELM/EPT) at each CSU campus throughout California. Students are notified of their readiness for college and directed to resources to assist in college preparation. Teacher in-service training is also available. Superintendents, Principals, Counselors, Testing Coordinators, and parents wishing additional information are encouraged to contact the Early Assessment Program (EAP) or visit the website at [www.calstate.edu/eap](http://www.calstate.edu/eap).

### **Educational Opportunity Program (EOP)**

Salazar Hall 1060

(707) 664-2427

[www.sonoma.edu/eop](http://www.sonoma.edu/eop)

The Educational Opportunity Program (EOP) is charged with improving access and retention of historically low-income and educationally disadvantaged students who have the potential to perform and succeed in the California State University. Beginning with students' admission to the University, advisors provide academic, career, and transitional advising to EOP students. Advisors assist students with concerns regarding housing, financial aid, and balancing college with personal life demands while meeting graduation requirements.

Those considered for EOP have to be a California Resident that is either a first-time freshman, transfer applicant, and/or an AB 540 Student. Students must file for FAFSA (Free Application for Federal Student Aid) or the California Dream Act Application to be considered for EOP. Students who are admitted to EOP will be considered for an EOP Grant.

Students who wish to apply to the EOP can apply through CSU Mentor, [www.csumentor.edu](http://www.csumentor.edu). Check the EOP Interest on the Undergraduate Application and complete the EOP Application on the CSU Mentor website. Submit Application and Recommendation Letters by March 2nd. Additional EOP eligibility criteria may be required.

First-time freshmen who are admitted to EOP participate in the residential Summer Bridge Program and in the EOP Academy during their freshman year.

### **EOP Academy**

All SSU Freshmen are required to choose one of the Freshman Learning Communities (FLC's) from among the many different themes and focuses. The EOP Freshman Year Academy is focused on the success of first-generation students and is only available to EOP students. Whatever major or intended career, the EOP Freshman Year Academy is a great way to begin the required college coursework, build community on campus.

The Educational Opportunity Program (EOP) Academy is designed to provide academic and social support for our incoming EOP First-time Freshmen (FTF) through the creation of a learning community. Incoming students will enroll in a block of classes with other EOP FTF. It has been demonstrated that students taking part in this type of learning community tend to adapt more quickly to the challenges of college.

They form a connection to the University, develop a peer support group, and receive assistance from their faculty more quickly and more effectively than do similar students who have not participated in the Academy program. During their second semester at Sonoma, EOP Academy students continue to take a group of linked classes organized for them.

### **EOP Summer Bridge Program**

The Summer Bridge Program at Sonoma is a residential program during the summer designed to facilitate the successful transition of Educational Opportunity Program students to the University setting. This transition process is developmental in nature and includes personal, social, and educational areas. All incoming EOP first-time freshmen (FTF) are required to attend Summer Bridge.

Bridge is designed to:

- Smooth the way from high school
- Get a taste of university life
- Create supportive relationships
- Meet other EOP students and Advisors
- Introduce you to campus resources
- Learn about student services
- Provide academic advising, and
- Register you for Fall classes

There are numerous workshops given that are designed for incoming EOP students to learn key college survival skills. Among these are workshops on diversity, housing, financial aid, budgeting, and career and major planning. Most importantly, Summer Bridge begins the development of a sense of community for our EOP Students.

### **Freshman Learning Communities (FLCs)**

Sonoma State University's Freshman Learning Communities (FLC) are classes that integrate required General Education (GE) courses while assisting freshman in making a successful academic and social transition to college. Each FLC helps students establish a strong connection to and understanding of the university; helps students recognize that "this university is a place for me, a place where I can be successful"; and provides students with tools to achieve success as they embark on their academic career.

Each community has six consistent goals that support degree completion and student satisfaction. The goals address the social and academic transitional challenges most freshmen face. In all FLCs students will:

- Understand different academic paths and disciplines, and begin to discover their academic passion and how to pursue that passion;
- Understand and appreciate ethnic and cultural diversity;
- Practice active and self-responsible learning, and understand the differences between high school and college and what is necessary to be successful and actively engaged in college life;
- Participate meaningfully and ethically in their community;
- Become familiar with campus resources designed to support student success; and
- Develop a strong connection to faculty, fellow students, and university organizations.

### **The HUB: An Integral Center for Diversity, Vitality and Creativity**

Student Center, Second Floor  
(707) 664-2710

The HUB is where a wide-range of people, practices and programs converge to form a powerful, inclusive and ever-evolving learning community. The HUB promotes diversity, vitality and creativity, and is an essential part of SSU's mission to develop citizens capable of shaping an emerging global community. This includes **cultivating an awareness of the intersecting domains of culture, identity, body, and environment, and our relationship to them.**

The HUB works closely with cultural and identity-focused organizations and students from communities with limited access to the resources necessary for attending and graduating from college. The center is committed to transforming complex forms of exclusion and institutionalized discrimination, and provides leadership opportunities that develop the whole person and aligns systems thinking with social justice principles.

As an integral center (integral: radically inclusive, non-marginalizing, necessary for wholeness), The HUB invites all interested in co-creation to participate in our programs. Through entertaining and ethical community-building, dynamic and diverse forms of storytelling, The HUB provides a platform for transformative and "embodied" learning for a global era.

The center's offerings include our Heritage Program, Just Vitality Program, Integral Leadership Program, Campus Community and Civility Series, Wisdom Tradition Series, Digital Storytelling Program, and SPOKE! Poetry Program.

The HUB: **Honoring the past. Uniting in the present. Building the future.**

### **International Student Services**

The international student advisor provides advising to Sonoma's international student population including our F-1 and J-1 status students and scholars. As Primary Designated School Official, our advisor provides consultation and documentation and signs off on many immigration matters, including applications for special work permission, extensions of stay, change of visa status, maintenance of F or J status, passport and visa requirements, replacement of lost documents, travel documentation, transfer of schools, reinstatement for students who have fallen out of F-1 status, and the Practical Training benefit.

The Center for International Education also provides help understanding University policies such as the registration process, payment of fees, scholarships, orientation, housing, and required health insurance. Discussion or counseling are available regarding cultural adjustment to the United States, American academic differences, testing, and personal problems. The international student advisor works closely with the International Education Exchange Council (IEEC) student club, which provides a rich array of field trips and social engagements to help students round out their experience in the United States. There are just under 50 international students at SSU and about 60 in our Language Program (see Sonoma State American Language Institute).

### **Center for International Education**

International Services  
International Hall 107  
(707) 664-2582  
Fax: (707) 664-2749  
email: [international@sonoma.edu](mailto:international@sonoma.edu)  
[www.sonoma.edu/is](http://www.sonoma.edu/is)

The Center for International Education provides the SSU campus community with a variety of programs, services, and activities related to international education and exchange, including:

- Support services and social programming for matriculated international students in the University and in Sonoma State American Language Institute;
- Visa, legal status, and travel documentation services for nonimmigrant students, faculty, and research scholars;

- Operation of study abroad programming for SSU, including the CSU International Programs; and
- Operation of the National Student Exchange.

See the Admissions section of this catalog for application and general information for international students.

#### ***Study Abroad Opportunities and the National Student Exchange***

Students who want to get the most from their Sonoma educational experience should try going away! Most people in the world follow the well-worn paths of life, but some students want to explore, and “push the envelope,” to excel, and to extract from their education every bit of opportunity. Study Abroad and National Student Exchange were created for these students.

#### ***The California State University International Programs***

Developing intercultural communication skills and international understanding among its students is a vital mission of The California State University (CSU). Since its inception in 1963, the CSU International Programs has contributed to this effort by providing qualified students an affordable opportunity to continue their studies abroad for a full academic year. More than 20,000 CSU students have taken advantage of this unique study option. International Programs participants earn resident academic credit at their CSU campuses while they pursue full-time study at a host university or special study center abroad. International Programs participants earn resident academic credit at their CSU campuses while they pursue full-time study at a host university or special study center abroad. The International Programs serves the needs of students in over 100 designated academic majors. Affiliated with more than 50 recognized universities and institutions of higher education in 18 countries, the International Programs also offers a wide selection of study abroad destinations and learning environments.

#### ***Australia***

Griffith University  
Macquarie University  
Queensland University of Technology  
University of Queensland  
University of Western Sydney  
Victoria University

#### ***Canada***

Concordia University (Montréal)

#### ***Chile***

Pontificia Universidad Católica de Chile (Santiago)

#### ***China***

Peking University (Beijing)

#### ***Denmark***

Danish Institute for Study Abroad (international education affiliate of the University of Copenhagen)

#### ***France***

Institut Catholique de Paris  
Université d'Aix-Marseille (Aix-en-Provence)  
Universités de Paris I, III, IV, VI, VII, VIII, X, XI, XII, XIII  
Université Paris-Est Marne-la-Vallée  
Université d'Evry Val d'Essonne  
Université de Versailles Saint-Quentin-en-Yvelines

#### ***Germany***

University of Tübingen and a number of institutions of higher education in the Federal state of Baden-Württemberg

#### ***Ghana***

University of Ghana, Legon

#### ***Israel***

University of Haifa

#### ***Italy***

CSU Study Center (Florence)  
Università degli Studi di Firenze  
Accademia di Belle Arti Firenze

#### ***Japan***

Waseda University (Tokyo)  
University of Tsukuba

#### ***Korea***

Yonsei University (Seoul)

#### ***Mexico***

Instituto Tecnológico y de Estudios Superiores de Monterrey, Campus Querétaro

#### ***South Africa***

Nelson Mandela Metropolitan University, Port Elizabeth

#### ***Spain***

Universidad Complutense de Madrid  
Universidad de Granada  
University of Jaén

#### ***Sweden***

Uppsala University

#### ***Taiwan***

National Taiwan University (Taipei)  
National Tsing Hua University (Hsinchu)

#### ***United Kingdom***

Bradford University  
Bristol University  
Hull University  
Kingston University  
Swansea University

International Programs pays tuition and administrative costs abroad for participating California resident students to a similar extent that such funds would be expended to support similar costs in California. Participants are responsible for all CSU tuition and program fees, personal costs, such as transportation, room and board, and living expenses. Financial aid, with the exception of Federal Work-Study, is available to qualified students.

To qualify for admission to the International Programs, in most programs students must have upper- division or graduate standing at a CSU campus by the time of departure. Students at the sophomore level may however, participate in the intensive language acquisition programs or courses in China, France, Germany, Korea, Mexico, Sweden and Taiwan. California Community Colleges transfer students are eligible to apply directly from their community colleges. Students must also possess a current cumulative grade point average of 2.75 or 3.0 or higher, depending on the program for which they apply, and must fulfill all coursework prerequisites.

Additional information and application materials may be obtained on campus, or by writing to The California State University International Programs, 401 Golden Shore, 6th Floor, Long Beach, California 90802-4210. Visit us on the World Wide Web at [www.calstate.edu/ip](http://www.calstate.edu/ip).

#### ***Non-CSU Study Abroad***

International Services will also provide general assistance to students who wish to participate in a program or attend an institution which is not a partner in the CSU International Programs.

#### ***The National Student Exchange***

The National Student Exchange is a program that provides opportunities to study through exchange in the United States, Canada, Guam, Puerto Rico and, the U.S. Virgin Islands.

Many opportunities will be available to you when accessing courses and programs from NSE's over 200 member campuses. Think of the adventure, the diversity of people, the culture, and the geography among the 49 states, District of Columbia, 3 territories, and 4 Canadian provinces where NSE has member colleges and universities. Consider the impact this program can have on your personal and academic growth, as well as the implications for your future.

Semester and academic year exchanges are available for sophomores, juniors, and seniors who have and maintain a 2.5 grade point average. Academic courses completed as a National Student Exchange participant are considered residence units at Sonoma State.

Further information and application materials may be obtained at the Center for International Education or by visiting [www.nse.org](http://www.nse.org).

The National Student Exchange Program at Sonoma State University is funded through the Instructionally Related Activities Fund and paid for by student fees.

#### **Work, Intern, Volunteer Abroad (WIVA) Services**

The Work, Inter, Volunteer Abroad program provides students and SSU alumni with a place to start their search for overseas opportunities. WIVA programs are separate from studying abroad and include global post-graduate or summer work, intern, volunteer or teaching experiences.

The WIVA Programs Assistant can support you by:

- Providing work, intern, volunteer and teaching abroad resources;
- Assisting with international internships (must consult academic advisor if receiving credit);
- Reviewing your resume; and
- Assisting with the interview and application process.

Students and recent graduates should use WIVA services as a guide and are encouraged to conduct their own online search for additional opportunities and contact providers directly for program specific questions. There is a display devoted to WIVA in the Center for International Education that students are welcome to explore Monday through Friday from 9am-4:30pm (except SSU Holidays). There are also additional resources through GoingGlobal which SSU students can access online through Career Services Seawolf Jobs website.

For further advising on interning, volunteering, working or teaching abroad, attend a WIVA info session or make an appointment with the WIVA Programs Assistant by visiting Center for International Education in International Hall, Room 107 or calling 707-664-2582.

The WIVA Program at Sonoma State University is funded through the Instructionally Related Activities Fund and paid for by student fees.

#### **Learning Center**

(707) 664-2853

[www.sonoma.edu/lss](http://www.sonoma.edu/lss)

#### ***Departmental Mission***

The mission of Learning Center at Sonoma State University is to empower students to succeed in higher education by providing a spectrum of services that promote academic, social, and personal success. The various programs assist University students in achieving and maintaining academic excellence. Programs offer supplemental instruction, workshops, and tutoring. Eligibility varies by program; please call individual offices for information. All programs are free of charge for eligible participants.

#### **Learning Skills Services**

(707) 664-2853

[www.sonoma.edu/lss/learningskillsservices.html](http://www.sonoma.edu/lss/learningskillsservices.html)

Learning Skills Services (LSS) provides tutoring, advising, study skills, supplemental instruction, and remedial support for 350 eligible low-income, first-generation and/or disabled University students. LSS also provides financial literacy as well as graduate school preparation support. LSS is a TRIO Student Support Services federally funded project located in Salazar 1040.

### **Multilingual Learner Program**

(707) 664-2264

[www.sonoma.edu/writingcenter/ml](http://www.sonoma.edu/writingcenter/ml)

The Multilingual Learner Program (MLL) provides tutoring, supplemental instruction, and workshops for 140 eligible low-income, first-generation and/or disabled University students. This program focuses on those with a multilingual background, preparing students to succeed in college level work. SSS is a federally funded TRIO project and is located in the Writing Center.

### **National Graduate School Achievement Program (NoGAP)**

(707) 664-2264

[www.sonoma.edu/mcnair](http://www.sonoma.edu/mcnair)

The NoGAP Program assists students in gaining acceptance to and preparing for graduate school. Eligibility is based on a variety of factors and activities including research projects, mentoring, internships, tutoring, advising, travel to conferences, and GRE preparation workshops. The NoGAP program is a federally funded TRIO McNair Scholars project and is located in Salazar 1040.

### **New Student Orientation and Family Programs**

Salazar Hall 1070

(707) 664-4464

[www.sonoma.edu/aa/us/orientation/](http://www.sonoma.edu/aa/us/orientation/)

The mission of the Sonoma State University New Student Orientation and Family Programs is to facilitate the successful transition of new students and their families into the campus community. Through the promotion of the University's academic expectations and support, as well as developmental opportunities, our programs assist students and their families in feeling engaged and prepared in identifying academically, socially, and culturally as a Seawolf.

Summer Orientation provides the opportunity for first-time freshmen to meet other new students, learn about campus life and services available to them, and interact with student leaders. Also, during Summer Orientation, students receive advising and register for their fall semester courses. Parents and guardians are invited to attend and become informed during the Family Orientation Program that is held simultaneously with the student sessions. Summer Orientation programs are offered typically in June and early July.

New Student Orientations are held each semester for our incoming transfer students. Transfer students have the opportunity to learn how their prior course work will lead to a degree from SSU, meet with a faculty advisor in their department, learn about various campus services and programs, review the registration process, and register for their courses.

### **Residential Life**

Student Center

(707) 664-4033

[www.sonoma.edu/sas/reslife/](http://www.sonoma.edu/sas/reslife/)

More than 3,000 students live in one of six distinct campus "villages" in the residential community. Living on campus is a key part of the educational experience at SSU and is designed to promote academic success as well as personal growth and responsibility. A team of highly trained student leaders and experienced residential life professionals provides programs and services throughout the year. Planned activities for all residents include trips, lectures, and social and educational activities. Residents are expected to know and support the community standards that reflect state law as well as SSU rules and regulations.

#### ***Intentional Living Areas***

Serving both freshman and continuing students, the residential community offers a variety of options. Freshman "living/learning" programs which connect with academic programs include Freshman Interest Groups (FIG), First Year Experience (FYE) and MOSAIC, a community for social justice and diversity. Interest-based, themed options include CO-OP community, Healthy Living and Adventure Living. For Continuing Students, U-Engage exists for sophomores and juniors. Faculty and Artists in Residence actively participate in the living/learning communities.

#### ***Student leadership***

Through the Residential Student Association (RSA) there are opportunities to be further involved and develop leadership skills. RSA is responsible for representing student concerns to the University administration and the Associated Students as well as planning major events and activities.

#### **Student Health Center**

Student Health Center Building

(707) 664-2921

[www.sonoma.edu/shc/](http://www.sonoma.edu/shc/)

Accredited by the Accreditation Association for Ambulatory Healthcare, Inc.

Sonoma State University maintains a nationally accredited, on-campus Student Health Center (SHC) that provides outpatient primary medical care as well as health education, public health, and disease prevention services for regularly enrolled SSU students. The Student Health Center is located along West Redwood Circle, between the Schultz Library/Information Center and Rachel Carson Hall, and East of the Zinfandel village area of the residence halls. Hours are 8 a.m. to 4:30 p.m. M-F, excluding campus closures and holidays. A limited extended-hours clinic is currently held until 5:30 p.m. on Mondays when academic year classes are in session.

**Staffing:** The Student Health Center's professional staff includes board certified physicians as well as nurses, nurse practitioners, pharmacists, lab technologist, and X-ray technologist.



**Services:** The SHC provides quality outpatient medical care for acute and subacute illnesses, injuries, and basic mental health concerns. Pharmacy, lab, x-ray, travel and athletic medicine, and preventative medical services such as immunizations, Pap smears, contraception, and health education are also provided. While interim and transitional care are offered for medical stabilization and support purposes, continuing comprehensive care is not provided for chronic or complex conditions that may require hospitalization, after hours monitoring, the continuing involvement of a medical specialist, or similar interventions that are beyond the scope, staffing, or hours of operation of the Student Health Center.

SHC medical visits, health education, and public health services are available at no additional charge to regularly enrolled SSU students who have paid the necessary per semester registration fees. Discounted user fees are in place to cover the acquisition cost of medications, vaccines, specialized diagnostic tests, and certain other supplemental medical supplies. Nominal fees are also charged for pre-employment and pre-participation physicals and for summer services.

Regularly enrolled SSU students who have paid SSU campus registration fees may receive basic medical visit services at other California State University Student Health Centers without additional charge during their regular academic year enrollment. Health insurance is not required to use the Student Health Center. However, personal health insurance is recommended, because students are financially responsible for medical services they receive outside the SHC and from off campus entities. Students without health insurance should go to [www.sonoma.edu/shc/consumer-information/health-insurance.html](http://www.sonoma.edu/shc/consumer-information/health-insurance.html) for relevant information.

**Confidentiality:** SHC medical records and related individually identifiable health information are confidential and are held in a manner consistent with state and federal law as well as national accreditation standards. Parents, family members, University personnel, and other individuals who are not the healthcare providers and SHC support staff directly involved in the student's medical care do not have access to SHC medical information without the patient's consent.

**Student Health Advisory Committee (SHAC):** Opportunities for student involvement and advocacy relevant to campus health issues are available through SHAC and health promotion projects. To learn about SHAC and how to become involved go to <http://www.sonoma.edu/shc/shac/>. Those interested in serving on SHAC are encouraged to contact the Student Health Center. Those interested in health promotion projects should contact the SHC health education nurse.

### **Center for Student Leadership, Involvement, and Service (CSLIS)**

Student Center, second floor  
(707) 664-4323  
[www.sonoma.edu/campuslife](http://www.sonoma.edu/campuslife)  
[cslis@sonoma.edu](mailto:cslis@sonoma.edu)

### **Leadership Programs**

CSLIS serves as the hub of leadership programs at SSU. Whether you're a student new to campus or about to graduate, we offer a wide variety of leadership development programs serving all students at all levels. Activities range from off-campus weekend intensive leadership retreats to workshops and programs on various topics relating to personal growth and leadership development. Students are encouraged to apply for a number of important student leadership positions, including Peer Mentors for the First Year Experience Teams, Orientation Leaders, Summer Bridge Leaders, and Community Service Advisers for the Residential Life Community. Additionally, CSLIS collaborates with other campus entities to support a wide range of programs and services both on-campus and in the community.

[www.sonoma.edu/campuslife/leadership](http://www.sonoma.edu/campuslife/leadership)

### **Student Organizations**

With over 180 chartered student organizations, joining one is an excellent way to get involved, meet people, develop friendships, and gain leadership experience. Additionally, serving as an officer allows you to take your leadership skills to the next level. As a member or officer of a student organization, you'll learn about organizational issues such as membership recruitment, fundraising, running effective meetings, managing conflicts, and program planning. The relationships and experiences you gain through your involvement in a student organization will have a lasting effect on your time at SSU and after graduation.

[www.sonoma.edu/campuslife/clubs](http://www.sonoma.edu/campuslife/clubs)

### **Greek Life**

What do all sororities and fraternities have in common? All chapters at Sonoma State (and internationally) share the common values of academic achievement, diversity, community service, and friendship, and provide a plethora of leadership opportunities for members. There are 21 Greek organizations on campus with a combined total membership of approximately 20% of the campus population. Visit our website to learn more about the fraternities and sororities on campus and how to join.

[www.sonoma.edu/campuslife/fslife](http://www.sonoma.edu/campuslife/fslife)

### **Testing Services**

Salazar Hall 1060  
(707) 664-2947  
[www.sonoma.edu/testing/](http://www.sonoma.edu/testing/)

Testing Services provides a variety of services to the campus community designed to assist students in their admission, placement, and graduation requirements. Tests are offered on a regularly scheduled basis. Students must pre-register for all tests. For information on all tests offered at SSU, view our website at [www.sonoma.edu/testing](http://www.sonoma.edu/testing). An annual test calendar is included online.

Disabled students who require special arrangements should contact SSU Disability Resources at (707) 664-2677 or (TDD) (707) 664-2958 at least 2 weeks prior to the test date.

The following are regularly offered through SSU Testing Services: Undergraduate candidates for admission

#### *Placement tests*

- CSU English Placement Test (EPT)
- CSU Entry-Level Math Test (ELM)

#### *Graduate school candidates*

- Graduate Record Exam (GRE), Subject Tests only
- Law School Admissions Test (LSAT)

Credential candidates should contact either the Credentials Office, at (707) 664-2832, or the Recruitment and Information Specialist, at (707) 664-2593, for test requirements.

Students interested in graduate work at Sonoma State University must check with their department about specific testing requirements.

#### **PROCTORING SERVICES**

SSU Testing Services offers test proctoring services on-demand for online paper/computer based type of tests like BYU, CLEP, DANTES, certifications, etc. The SSU Proctoring fee, aside from the exam fee itself, is a flat rate of \$25.00. Sessions are by appointment only.

Monday - Friday from 4:30PM-6:00PM

To set up an appointment, contact the Testing Coordinator by phone at 707-664-3437.

Interest Surveys and Assessments

- Myers Briggs Type indicator
- Strongs Inventory career assessment
- Major Score Card

Credit for College

- College Level Examination Program (CLEP) subject exam
- DANTES Subject Standardized Tests (DSST)

The SSU Testing Office only administers tests & does not provide advising nor interpretation of tests or policy for admissions purposes. Our Testing Office does not manage nor relay testing scores; contact the SSU Records Office at 707-664-2778 for such inquiries.

#### **SSU Tutorial Center**

(707) 664-2429

[www.sonoma.edu/lss/tutorialcenter.html](http://www.sonoma.edu/lss/tutorialcenter.html)

The Tutorial Center provides peer-tutoring services to enrolled SSU students free of charge. Tutoring is by appointment and is available in more than 40 subjects. In addition, some science and business courses have group supplemental instruction or study groups led by a tutor attached to the course. The SSU Tutorial Center receives funding from the Associated Students and is located in Salazar 1061.

#### **Upward Bound Programs**

(707) 664-2428 Upward Bound Sonoma

(707) 664-2428 Upward Bound Math & Science

(707) 664-2428 Upward Bound North

(707) 994-6471 Upward Bound Lower Lake

(707) 994-6471 Upward Bound Upper Lake

Upward Bound programs serve pre-college students from low-income and/or first-generation backgrounds who attend targeted high schools in Sonoma, Napa, and Lake Counties. Upward Bound students attend a rigorous Saturday Academy program throughout the academic year augmenting the classes they take at their public schools and a six-week Summer/STEM Academy program preparing them for the classes they will be taking in the upcoming school year. During their four-year commitment in Upward Bound, students participate in frequent social and cultural field trips and attend numerous college campus tours. Upward Bound programs provide tutorial and college placement services as well as comprehensive career exploration activities. Upward Bound programs are federally-funded TRiO projects and are located in Building 49.

#### **Writing Center**

Schulz Information Center 1103

(707) 664-4401

[www.sonoma.edu/writingcenter](http://www.sonoma.edu/writingcenter)

The Writing Center offers assistance in writing-related issues to all members of the SSU community, with the primary goal of helping students improve as academic writers. Students can request tutoring help for any writing task at any point in the writing process, from generating ideas to editing for correctness. In addition to one-on-one and group tutorials the Center offers online resources available through our website.

The center also offers in-class workshops for students on writing-related issues and consultations for instructors and academic units on improving writing across the curriculum.

Call or come to the Center to make tutoring appointments or to talk with the administrative staff about other services.