

Jewish Studies (JWST)

JWST 200 INTRODUCTION TO JEWISH STUDIES (4)

Introduction to Jewish Studies is an interdisciplinary survey course that introduces students to the culture, literature, history, philosophy, religion, and academic traditions of Jewish people from antiquity to the present. In this course, we will analyze how Jewish people have deployed a wide range of intellectual discourse to gain an understanding of the meaning of their identify as Jews. The course will also provide a historical overview of the Jewish Diaspora, from the Middle East to Africa to Europe to the Americas. The readings and class discussions will divide into three parts covering the ancient, medieval, and modern periods. GE Area C2.

JWST 250 INTRODUCTION TO JUDAISM (4)

A survey of Jewish religious traditions from the Bible through the present day. Evolution of major religious ideas through classical texts.

JWST 251 TOPICS IN JEWISH BIBLICAL STUDIES (3-4)

Introduction to the academic study of the Hebrew Bible (Old Testament) through a variety of scholarly approaches to the Bible, including historical and literary analysis. Emphasis is on developing skills in critical thinking, reading, and writing about the Bible. Students can repeat course for credit; topics will vary per semester.

JWST 255 EVOLUTION OF ANTI-SEMITISM: THROUGH HISTORY, LITERATURE, RELIGION AND ART (4)

This course will introduce the origins and background of anti-Semitism and the Jewish response over the last two-and-a-half millennia. It has been referred to as "the longest hatred." The long history of anti-Semitism can serve as a case study of and cautionary tale for how societies deal with xenophobia, bias and prejudice toward "the other." GE Area C3.

JWST 341 TOPICS IN JEWISH HISTORY: JUDAISM AND CHRISTIANITY OF THE GRECO-ROMAN PERIOD (4)

Course will explore various topics in Jewish History. Content will vary per semester. Topics may include: History of Anti-Semitism, History of Judaism and Christianity, and Jewish World Cultural History.

JWST 350 JEWISH RELIGION AND BIBLICAL VALUES (3)

This course explores the ideas — religious and political — and texts that have shaped Jewish thought and practice from its formation to the present.

Kinesiology (KIN)

KIN 101 PHYSICAL EDUCATION ACTIVITIES (1-2)

Activities classes. Classes are conducted in the following activities: aquatics (e.g., swimming, physical conditioning swimming, water polo, and scuba), individual sports (e.g., adapted activities, martial arts, tennis, indoor rock climbing), fitness (e.g., aerobics, conditioning, pilates, jogging/running and weight training), dance (e.g., recreational dance, yoga), outdoor activities, or team sports (e.g., basketball, soccer, softball, volleyball). Course offerings vary from semester to semester. Most sections meet twice weekly, with some sections meeting at specially arranged times according to the nature of the activity. Students may take, for credit, as many different 101 classes as desired. The same 101 activity class may be repeated 3 times for credit up to 8 units. Cr/NC only.

KIN 120 MOTOR SKILL DEVELOPMENT IN PUBLIC SCHOOLS (2)

Prepares students to teach motor skills to school-aged children. Topics including motor development, motor learning, and instructional design as related to motor skill acquisition are introduced. Students task analyze a variety of motor activities, plan developmentally appropriate lessons, and teach peer and public school-aged children in local schools.

KIN 201 FOUNDATIONS OF KINESIOLOGY (3)

This course is designed to orient students to kinesiology as a field of study. Students will be exposed to multiple disciplines within kinesiology. By engaging in discussions, activities, and field observations, students will explore and become prepared to select a career path within the field. Prerequisite: class open to Kinesiology majors only.

KIN 217 PERSONAL FITNESS AND WELLNESS (3)

Designed to introduce the concepts and practices involved in creating a personal life-long fitness and wellness program. General health topics will be emphasized, specifically cardiovascular fitness, nutrition, stress management, disease prevention, and current health trends and topics. Students will develop personal action plans for enhancing personal health and well-being. Satisfies GE Area E. Course restricted to freshmen and sophomore students only.

KIN 230 INTRODUCTION TO FIELD EXPERIENCE (1-2)

Provides lower-division students an opportunity to sample work experiences in a variety of settings in physical education, adapted physical education, athletic training, or exercise science. Thirty hours of supervised field work for each unit of credit. This course does not meet the field work requirement in the Kinesiology major concentrations. Prerequisites: overall 2.0 GPA and departmental approval. Course may be repeated for credit.

KIN 240 FIRST AID AND CPR (1)

Study of the basic principles and practical applications of first aid and CPR techniques required by a first-aider to provide initial emergency care necessary to sustain life and minimize any consequences of injuries or sudden illness until qualified medical personnel can arrive.

KIN 241 EMERGENCY RESPONSE (3)

Study of the principles and practical applications of advanced first aid techniques required to provide the initial emergency care necessary to sustain life and to maintain life support until the victims of accidents or sudden illness are cared for by qualified medical personnel. Prerequisite: Kinesiology majors, BIOL 220 and BIOL 224.

KIN 242 PRINCIPLES OF MUSCULOSKELETAL INJURIES (3)

Lecture; laboratory. Designed to show students the proper methods of recognition, evaluation, and treatment of musculoskeletal injuries to the upper and lower extremities. Comprehension of anatomy, mechanism-of-injury, and pathology are stressed. Fee of \$10 required for this course. Prerequisites: Kinesiology majors, BIOL 220, and BIOL 224.