

## **Gerontology (GERN)**

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### **GERN 300 THE JOURNEY OF ADULTHOOD (3)**

Introduces the study of aging from biological, psychological, sociological, and environmental perspectives. Aging is presented as a normal stage of development with both positive and negative aspects. Specific issues discussed include: health care, housing, income maintenance, and advocacy. Satisfies GE, category E (The Integrated Person).

### **GERN 304 SIBLING RELATIONSHIPS (4)**

An exploration of the role of siblings to personal and family development, with a focus on sibling relationships in adulthood and later life. An emphasis will be placed on the psycho-social context of the sibling relationship in addition to theories of the psychology of the individual. Crosslisted as PSY 304.

### **GERN 305 ISSUES IN LATER LIFE DEVELOPMENT (2-4)**

Focuses on contemporary issues and topics in gerontology. Selected issues incorporating historical, cultural, social, psychological, and policy perspectives may be offered. Consult Schedule of Classes for the specific topic and current unit offering. May be repeated for credit.

### **GERN 312 ADULT DEVELOPMENT LECTURE SERIES (2)**

Lectures and presentations on thematic issues in the field of adult development and aging. Speakers are drawn from local community programs, Bay Area research organizations, and academic disciplines. May be repeated for credit. Crosslisted as PSY 312.

### **GERN 317 EMOTIONS AND ADULT LIFE (4)**

Emphasizes the social context and social development of emotional responses throughout adulthood. Analyzes the reciprocal relations between social definitions and subjective feelings in connection with life events throughout adulthood. Addresses both basic emotions, such as fear, anger, pleasure and excitement, and more complex emotions, such as love, jealousy, grief, sympathy, pride, shame and despair. Crosslisted as SOCI 317. Satisfies GE, Category E (The Integrated Person).

### **GERN 319 AGING AND SOCIETY (4)**

Examination of aging throughout adulthood. Analysis of theories of aging, their foundations in social science theory, and their policy implications. Exploration of the meanings and consequences of increasing longevity for society and the individual, with emphasis on the social psychological implications for women, minorities, and those who are poor. Satisfies GE, category D1 (Individual and Society). Crosslisted as SOCI 319.

### **GERN 332 DEATH AND AMERICAN CULTURE (4)**

The relation of cultural values to practices, attitudes, and views about death. Application of sociological and psychological theories to topics on death and dying, such as death conceptions, terminal care, suicide, war, and grief. Emphasis on the social psychology of dying, caregiving, grieving and being suicidal. Crosslisted as SOCI 332.

### **GERN 399 STUDENT INITIATED COURSE (1-4)**

A course designed by an advanced student, approved by the gerontology program, and taught by the student under the supervision of his/her faculty sponsor. Consult the Schedule of Classes for topic to be studied. May be repeated for credit.

### **GERN 408 TRANSITIONS IN ADULT DEVELOPMENT (4)**

This course explores how women and men experience and shape the transitions that occur as they mature socially and psychologically. Inquiry includes normative life cycle transitions as well as unexpected, unusual, or "off-time" transitions and develops understandings of how these transitions shape the development of an individual through adulthood and later life. Crosslisted as PSY 408. Prerequisite: junior standing.

### **GERN 421 PSYCHOLOGY OF AGING (4)**

Analysis of psychological development as a lifelong process. Examination of theories of psychological growth in later life. Exploration of the role of memory for learning and psychological functioning. Study of issues in mental health in adulthood. Crosslisted as PSY 421.

### **GERN 422 LIVING AND DYING (4)**

Explores personal values and attitudes about life and death and seeks to understand them in relation to our own psychology and to the larger social context. Topics of separation and loss, loss as a transformative process, aging, the dying process, bereavement, suicide, homicide, near-death experiences, mythology, and immortality will be addressed. Crosslisted as PSY 422. Prerequisite: Junior standing. Prerequisite: Junior standing.

### **GERN 432 GROUP WORK WITH OLDER ADULTS (4)**

This service-learning course introduces students to the fundamentals of group work with older adults. The class provides an overview of the phases of group development and basic skills and techniques for facilitating effective groups. Theoretical perspectives from sociology and psychology are used to examine how groups function, the value they have for older adults, and common themes in groups for older adults. To enhance learning, students go to senior sites in the community to co-facilitating weekly intergenerational dialogue groups. Crosslisted with SOCI 432 and PSY 432. Prerequisite: Junior Standing.

### **GERN 438 PSYCHOLOGICAL ASPECTS OF DISABILITY (3-4)**

This course is designed to give participants a better understanding of people with disabilities and an awareness of how society regards them. The disabilities addressed range from traumatic physical injuries through progressive diseases and conditions to mental retardation, alcoholism and emotional disabilities. The class is appropriate for anyone interested in disability, whether for personal or professional reasons. Crosslisted with PSY 438.

### **GERN 452 HEALTH CARE AND ILLNESS (4)**

A dual focus on the social organization of health care and the social psychology of illness. Analyses of the structure of care, patient-practitioner relationships, and treatment ideologies. Emphasis on the patient's experience of illness, intimate relationships, and self-images.

### **GERN 482 TEACHING INTERNSHIP (1-4)**

Students learn the skills of organization and communication of psychological theory and research under the supervision of a faculty mentor. Prerequisites: GERN 300 and consent of instructor.

### **GERN 490 INTERNSHIP SEMINAR (1)**

In this optional seminar, students report on the progress of their internships and discuss institutional procedures and interactional processes particular to their internship sites. Case and data management techniques will be discussed. The seminar allows opportunity for group problem-solving, objective analysis of internship issues, and enhancement of professional networks. Requirements: concurrent enrollment in GERN 499 and consent of instructor.

**GERN 493 NARRATIVE: THEORIES AND METHODS (4)**

The course examines the role of narrative, or life storytelling, in human development research. Students will develop a protocol, conduct research in the community using interview methodologies appropriate to the narrative perspective, analyze transcriptions for theoretical and life themes, and develop a final project based on the analysis of the data. Cross-listed as PSY 493.

**GERN 495 SPECIAL STUDIES (1-4)**

Students may propose to participate in independent projects or continuing research with the approval and guidance of the faculty member. The special study may extend for more than one semester. May be repeated for credit.

**GERN 499 GERONTOLOGY PRACTICUM (1-4)**

Field experience in an agency or organizational setting in which the student combines work with academic preparation in programs concerned with aging and/or health. A-F or Cr/NC.

**GERN 500 SOCIAL AND PSYCHOLOGICAL ISSUES IN AGING (2-4)**

Analysis of the aging process and its social implications. Selected issues provide exploration of relationships between psychological and social development in later life. Developmental, historical, cultural, psychological, and policy perspectives may be offered. Consult Schedule of Classes for specific topic. Crosslisted as PSY 500. Prerequisite: graduate standing or permission of instructor. May be repeated for credit.

**GERN 515 GRADUATE RESEARCH SEMINAR (1-4)**

Intensive review of literature in specific areas of concentration. Emphasis is on individual student's research interests. Includes research design and implementation. Prerequisite: graduate standing or permission of instructor.

**GERN 561 POLITICS OF HEALTH AND AGING (4)**

An examination of U.S. state and local health care and aging policy and administration. Crosslisted as POLS 509.

**GERN 582 TEACHING COLLEGE GERONTOLOGY (1-4)**

Practical experience of supervised teaching in a college gerontology classroom. Prerequisite: Consent of instructor.

**GERN 583 GRADUATE RESEARCH ASSISTANT (1-4)**

Students learn advanced research methods and practical research skills under the supervision of a faculty member. Prerequisite: Consent of instructor.

**GERN 595 SPECIAL STUDIES FOR GRADUATE STUDENTS (1-4)**

Students should formulate plans for a project and present them to a faculty member for sponsorship. Special forms for this purpose are available in the department office. Prerequisite: graduate standing and consent of instructor.

**Global Studies (GLBL)****GLBL 199 FRESHMAN INTRODUCTION TO GLOBAL ISSUES (1)**

A flexibly structured discussion seminar designed to enhance entry-level students' knowledge and analysis of prominent global issues. Students will be required to read and report on globally relevant items from the Christian Science Monitor or other approved daily newspapers with extensive international coverage.

**GLBL 300 LOCAL RESPONSES TO GLOBAL ISSUES: CASE STUDIES FROM AROUND THE WORLD (3)**

This class examines various ways in which individuals take action to solve global social problems in their own local cultural, political and economic contexts. Students explore the social structures that create social problems, such as human trafficking and political oppression, and how local people adapt to, and seek to change, those structures. Satisfies GE, category D1 (Individual and Society). Prerequisite: a GE, category D5 course.

**GLBL 350A SERVING THE GLOBAL COMMUNITY (1)**

Students will read a text, such as Arthur Kleinman's «What Really Matters», and discuss what it means to live in a world that cries out for human involvement and service. All people, both in developed and developing countries, live on the edge of survival, at constant risk of going under (due to disease, economic collapse, societal chaos, or simply the aging process itself). In the class, we will discuss the importance of being of service in the global effort to live a quality existence. And we will read about individuals who have taken it upon themselves to serve humanity in one way or another. A few examples include: Muhammed Yunus, founder of the Grameen Bank; Paul Farmer's work with patients with infectious diseases; Al Gore's commitment to the environment; Millard Fuller, founder of Habitat for Humanity. Cr/NC only.

**GLBL 495 SPECIAL STUDIES (1-4)**

Directed individual study. Prerequisite: consent of instructor.

**GLBL 497 CROSS-CULTURAL COMMUNITY SERVICE INTERNSHIP (3)**

A three-unit community service internship is required of all students. This is a supervised program of cross-cultural community service work and study for a governmental or non-governmental agency, completed either at home or abroad. A minimum of 135 hours of supervised work is required. Students will keep a daily journal of their experiences, and upon completion will submit 1) a formal letter from their internship supervisor, verifying hours worked and duties performed; and 2) a four-page essay summarizing their experience in rich personal detail. Information about a broad spectrum of internship options is available from the Global Studies coordinator, whose approval is required for all service internship proposals. Cr/NC only.

**GLBL 498 CAPSTONE SEMINAR (4)**

In spring of the senior year, Global Studies majors will enroll in a seminar devoted to research on globally relevant issues of the student's choosing, in consultation with the instructor. Each student will produce an original research paper on such issue, examined from various disciplinary perspectives. This project is the capstone requirement for completion of the Global Studies degree. The paper must be approved in its final draft by at least one other qualified faculty member besides the seminar instructor.